**Health Enhancement 1**

**Senior High**

**Torey Hammer**

**2016-2017**

In 9th grade Health Enhancement we will combine activity and sport with classroom work.  The Health Enhancement department will be on a four day block for both Health and P.E. with Wednesday as a transition day. Calendars will be posted in the locker rooms and classrooms for your convenience.

**Expectations**

1. Please keep hats off, backpacks out of the aisle, & bags & purses off desks.

2. Please dispose of food in garbage.  ONLY WATER is allowed.

3. Please use restrooms & get drinks before class.

4.  Please be respectful of yourself, others, your teacher, & the classroom.

5.  Please come to class on time & prepared.

**Health Education Class Requirements: EVERYDAY**

**1. Pen or Pencil**

**2. Notebook**

**3. Student ID**

**Classroom Textbooks:**

Textbooks are to remain in the classroom. Each student will be given a number and will be responsible to return their book number in order on the cart by the end of the class period.  Students will not be allowed to leave until all books are accounted for. Books can be checked out to students on an individual basis.

**Grading:**

|  |  |
| --- | --- |
| Grading:  A   100-90  B   89-80  C   79-70  D   69-60  F   <59 | Course Content:  **Semester 1**  Intro to Health: Ch. 1-2  Nutrition & Fitness: Ch. 11-12  Mental Health: Ch. 3-5 & 9  Environment: Ch. 28  **Semester 2**  Mood Modifiers: Ch. 19-22  Life Cycle, STI, AIDS: Ch. 17-18 & 24  CPR & First Aid: Ch. 26-27 |

**PE Daily Grading**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **0** | **1** | 2 | 3 | 4 | 5 |
| \*No Effort    \*Not dressed appropriately for activity (no dress) | \*Limited participation with teacher direction less than 60% of game time  \*Demonstrates little or no awareness of rules  \*Attempts two or fewer skills  \*Minimal interaction with classmates    **Requires 4 teacher behavioral redirects** | \*Participates with teacher direction less than 60% of game time  \*Plays within contest or rules some of the time  \*Attempts two or fewer skills  \*Interacts with two or fewer classmates    **Requires 3 teacher behavioral redirects** | \*Self-directed participation for 70% of game time  \*Plays within context of the rules most of the time  \*Attempts two or more skills  \*Participates safely and interacts with classmates    **Requires 2 teacher behavioral redirects** | \*Self-motivated and actively participates for 80% of game time  \*Consistently demonstrates knowledge of rules  \*Attempts a variety of skills the meet the objectives of the game  \*Participates safely and respectfully with classmates  \*Demonstrates some critical thinking skills through game strategy  **Requires 1 teacher behavioral redirect** | \*Self-motivated and actively participates for 90% of game time  \*Consistently demonstrates knowledge of the rules  \*Attempts a variety of skills that meet the objectives of the game  \*Participates safely and respectfully with classmates and helps other achieve success  \*Demonstrates critical thinking skills through game strategy  **Requires no teacher behavioral redirect** |

**Contact Me:**

Torey Hammer

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I have read and understand the information above and am ready for a awesome year!!

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     (Student’s signature)                                        (Date)

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  (Parent’s/Guardian’s Signature)                                    (Date)